

# EX-240

## ELLIPTICAL

### Introducing the EX-240 Elliptical Trainer: Redefining home fitness

This state-of-the-art equipment offers unmatched comfort, reliability, and durability, blending cutting-edge technology with commercial grade features. Elevate your fitness journey with top-tier quality, all from the comfort of your home. Redefine what's possible in home fitness today.



@VectraFitnessOfficial

[www.vectrafitness.net](http://www.vectrafitness.net)

FITNESS  
**VECTRA**



 **EX SERIES**

# EX-240 ELLIPTICAL

## HIGHLIGHTS

### Power Ramp Technology

Vectra Power Ramp Technology adjusts the shape of the elliptical path your feet travel so you can target specific muscles or all major body muscle groups.

### Proper Biomechanics and Variable Stride

Our elliptical path perfectly mimics a natural running stride allowing exercisers to keep their heels down through all ranges of motion for a more comfortable, effective and ergonomically correct workout.

### Preset Workouts

25 Preset workouts help you tailor your exercise to your fitness goals and stay challenged. Built-in Workout accelerators suggest ways to get more out of your workout.

### Full Body Workout

Moving handlebars activate your core, arm and lower body muscles for a total body workout.

### Lever style Motion Controls

Lever style controls for Power Ramp elevation and resistance are responsive, intuitive and easy to use while on the elliptical.

### Heart Rate Monitoring

Maximize your workout results with touch sensor and wireless heart rate monitoring\*. Works with any Polar® compatible wireless heart rate transmitter (sold separately).



## FEATURES

- Variable Stride
- Personalized Suggested Workouts
- Workout Accelerators
- Target Heart Zone Display
- Capacitive Touch Buttons
- Large Center Storage Compartment
- Reading Rack
- Sure Grip Mobile Phone & Tablet Holder
- Software Upgrade Capable

## SPECIFICATIONS

**Power Ramp Movement:** Motorized variable

**Power Ramp Elevation Range:** 15° - 25°

**Handlebars:** Moving

**Heart Rate Monitoring\*:** Touch sensor and wireless with any Polar® compatible chest strap transmitter (*not included*)

**Number of Workout Metrics:** 27

**Preset Workouts:** 25 + 16 exerciser created

**User IDs:** 4

**Resistance System:** Magnetic

**Resistance Levels:** 16

**Console Display:** 7" color LCD graphic display

**Power Ramp & Resistance Controls:** Lever style Motion Controls

**Dimensions:** 76" L x 29" W x 65" H / 194 cm L x 74 cm W x 165 cm H

**Weight:** 214 lbs / 97 kg

**Max User Weight:** 400 lbs / 182 kg

**Power:** 120 V

**Warranty:** Lifetime frame and welds, 5-yr parts and wear items, 3-year console, 1-year labor

\* The Heart Rate and Heart Zone features are intended for reference only. They may not be accurate for every user or at every intensity and are not intended for use as a medical device.



@VectraFitnessOfficial

www.vectrafitness.net

**EX SERIES**

FITNESS  
**VECTRA**